

## Designing for Efficient Effective and Health Enhancing Workplaces

Can we design office environmental layouts to influence occupant physical activity and health?



*Approach to environmental design:*

*Experience it... sense it... monitor it... analyse it quantitatively... use it to inform design*

**Dr Stamatina Rassa**

CAR Associate

Thursday, 21 October, 2010

CAR Offices, 25 Gwydir Street  
Drinks from 5.30 p.m., Talk at 6:00 p.m.

Please let Maria know by Wednesday, 20 October, if you will be attending ([maria.sylvester@carltd.com](mailto:maria.sylvester@carltd.com)).